

Continuous Professional Development Activity Agenda Form

Agenda			
Activity Title	Living Strong: Management of Chronic Disease		
Activity Date	7-8/Sept/2026		
Institution	Home Health Care		
Time	Title	Type	Speakers
Date:	1 st day (07-09-2026)		
7:30-8:00	Registration		
8:00-9:00	Comprehensive Assessment of Chronic Disease Patients at Home	Lecture	Dr. Abdullah Albahussain
9:00-10:00	Palliative Care and Symptom Management Principles of palliative care in home healthcare Pain assessment and management Goals-of-care discussions End-of-life care considerations	Lecture	Dr. Doaa AlNajim
10:00-10:15	Coffee break		
10:15-11:15	Management of Hypertension and Cardiovascular Diseases Blood pressure monitoring and targets Heart failure management in the home setting Medication adherence Early identification of deterioration	Lecture	Dr. Bader AlMustafa
11:15-12:00	The Future of Chronic Disease Care, Starts on the Plate	Lecture	Reem Altamimi
12:00-12:15	Discussion		
12:15-1:00	Prayer time + Lunch break		
1:00-2:00	Chronic Respiratory Diseases in Home Healthcare	Lecture	Wafa Malibari
2:00-3:00	Management of Polypharmacy in Chronic Disease	Lecture	Dr. Nada Alhamed
3:00-03:30	Discussion + Close Remarks		

Note:

Select Type (one only):

- (Lecture - Case Presentation - Live Surgery – Workshop - Specialized Workshop – Simulation - Video; Live Transmission - Hands on Training).
- Please avoid abbreviations in the topics.

Not calculated part of the educational hours:

(Registration - Inauguration – Introduction – Moderating session – Discussion - Summary - Exams and MCQ's – Conclusion - Q&A).

CME hours:

Maximum number are 8 hours, and the minimum are 4 hours per day.

Form No. ATRA 006

Agenda

Agenda			
Activity Title	Living Strong: Management of Chronic Disease		
Activity Date	7-8/Sept/2026		
Institution	Home Health Care		
Time	Title	Type	Speakers
Date:	2 nd day (08-09-2026)		
7:30-8:00	Registration		
8:00-9:00	Dementia and Cognitive Disorders in Home Healthcare	Lecture	Dr. Naziha AlMuzain
9:00-10:00	Stroke, Neurological Disorders, and Rehabilitation Post-stroke care Functional recovery Fall prevention	Lecture	Dr. Dalia Abu Alsaud
10:00-10:15	Coffee break		
10:15-11:15	The Role of the Social Worker in Health Centers	Lecture	Sabha AlHassan
11:15-12:00	Living with Schizophrenia: A Chronic Disease Management Approach	Lecture	Dr. Ghazi AlKhars
12:00-12:15	Discussion		
12:15-1:00	Prayer time + Lunch break		
1:00-2:00	Management of Diabetes Mellitus in Home Healthcare Glycemic monitoring and targets Medication management and insulin administration	Lecture	Dr. Dhuha AlGhanim
2:00-2:30	Discussion + Close Remarks		

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